

Camilo Javier Ruggero, Ph.D.

Curriculum Vitae

The University of Texas at Dallas
School of Behavioral and Brain Sciences
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Richardson, TX 75080-3021

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ACADEMIC POSITIONS AND HIGHER EDUCATION

Professor, Department of Psychology
Co-Director, Texas NABORS
School of Behavioral and Brain Sciences
The University of Texas at Dallas, TX, 2024-present

Professor, Department of Psychology
Co-Director, Center for Psychosocial Health Disparities Research
University of North Texas, Denton, TX, 2020-2023

Associate Professor, Department of Psychology
University of North Texas, Denton, TX, 2015-2020

Assistant Professor, Department of Psychology
University of North Texas, Denton, TX, 2009-2015

NIMH F32 Fellowship, Clinical Psychology Training Consortium,
Brown University, Providence, RI, 2006-2009.

Clinical Psychology Internship, Clinical Psychology Training Consortium
Brown University, Providence, RI, 2005-2006

Doctor of Philosophy in Clinical Psychology, Adult Program
University of Miami, Coral Gables, Florida, 2006

Master of Science in Clinical Psychology, Adult Program
University of Miami, Coral Gables, Florida, 2003

Bachelor of Arts, Plan II Honors Program
University of Texas, Austin, 1997

RESEARCH SUPPORT FUNDING

Under Review:

R01MH138460-02 *Under review (7/1/2025 – 6/30/2030)*
 Behavioral Signatures of Psychopathology
 National Institute of Mental Health (NIMH)
 Total Award: \$6,126,384
 Role: PI of UTD subcontract (\$2,205,227)

D40HP33372 *Under review (7/1/2025-6/30/2028)*
 Second continuation of The North Texas-20
 U.S. Health Resources and Services Administration (HRSA)
 Total Award: \$1,349,997
 Role: Co-PI of UTD subcontract (\$124,812)

Active Current Funding:

30. H79SM084358 12/31/2022-12/30/2026
 The *Socorro* Project
 Substance Abuse and Mental Health Services Administration (SAMHSA)
 Total Award: \$499,675
 Role: Co-PI

29. R01MH122537 (previously R56MH122537) 4/1/2020-3/31/2025
 Development of Negative Valence Measures
 National Institute of Mental Health (NIMH)
 Total Award: \$3,958,784
 Role: PI of subcontract (\$432,608)

28. D34HP45726 7/1/2022-6/30/2027
 North Texas Center of Excellence (COE)
 U.S. Health Resources and Services Administration (HRSA)
 Total Award: \$3,420,270
 Role: PI (subcontract PI as of 1/1/2024)

27. D18HP50059 9/1/2023-8/31/2028
 Health Careers Opportunity Program (HCOP)
 U.S. Health Resources and Services Administration (HRSA)
 Total Award: \$3,244,749
 Role: Co-I (subcontract Co-I as of 1/1/2024)

26. D40HP33372 7/1/2022-6/30/2025
 The North Texas-20 (continuation)
 U.S. Health Resources and Services Administration (HRSA)
 Total Award: \$1,346,872

Role: Co-PI (subcontract Co-PI as of 1/1/2024)

25. R210H012614 7/1/2023 - 6/30/2025
 Predicting Attrition from a Lifestyle Medicine Intervention
 National Institute for Occupational Safety and Health (NIOSH).
 Total Award: \$499,934
 Role: Co-I (consultant as of 1/1/2024)

24. Supplement (R01MH122537-S1) 4/1/2022-3/31/2025
 Spanish Adaptation of Negative Valence Measures
 National Institute of Mental Health (NIMH)
 Total Award: \$156,308
 Role: PI (consultant as of 1/1/2024)

Prior Funding:

23. D40HP33372 9/1/2019-8/31/2022
 The North-Texas-20
 U.S. Health Resources and Services Administration (HRSA)
 Total Award: \$1,346,872
 Role: co-PI

22. U01OH011321-01 9/1/2016-8/31/2022
 Personality-informed care model for 9/11-related comorbid conditions
 National Institute for Occupational Safety and Health (NIOSH).
 Total Award: \$2,998,098.
 Role: PI of subcontract (\$221,780)

21. Site Agreement (parent project: U01MH125062) 12/1/2022-12/31/2024
 Trans-ancestry genomic analysis of obsessive-compulsive disorder
 National Institute of Mental Health (NIMH)
 Role: PI of contract (\$50,000)

20. THECB MHGP 9/1/2019-8/31/2021
 North Texas evidence-based psychologist placement initiative
 Texas Higher Education Coordinating Board (THECB) Minority Health Research and Education Grant
 Program (MHGP)
 Total Award: \$501,073
 Role: co-PI

19. R01AI128359-01 12/1/2016-11/30/2020
 Stress and Vaccine Response in Nurses – SAV-RN
 National Institute of Allergy and Infectious Diseases (NIAID)
 Total Award: \$2,192,754.
 Role: Co-I

18. R01MH110434-01 6/1/2016-05/31/2021
 Trajectories of Aging in Psychotic Disorders Over 27 Years
 National Institute of Mental Health (NIMH)
 Total Award: \$3,913,719.
 Role: Consultant
17. R01MH093479-04S1 8/01/2015 – 1/31/2018
 Personality Development and Vulnerability to First-Episode Depression – Inflammation Supplement
 National Institute of Mental Health
 Total Award: \$211,311.
 Role: Consultant
16. R01MH069942-11S2 8/1/2015 – 4/30/2018
 Temperamental emotionality in preschoolers and depression risk – Inflammation Supplement
 National Institute of Mental Health
 Total Award: \$262,330.
 Role: Consultant
15. U01OH010712-02 7/1/2014-6/30/2017
 The Daily Burden of PTSD and Respiratory Problems in World Trade Center Responders National
 Institute for Occupational Safety and Health (NIOSH).
 Total Award \$988,731.
 Role: PI of subcontract (\$127,433)
14. NASA (SA-15-258) 7/1/2015-6/29/2017
 Personality and biological predictors of resiliency to chronic stress among high-achieving adults
 National Aeronautics and Space Administration (NASA)
 Total Award \$99,720.
 Role: Consultant
13. R01MH093479 2/14/2012-1/31/2017
 Personality Development and Vulnerability to First-Episode Depression
 National Institute of Mental Health
 Total Award: \$2,777,520.
 Role: Consultant
12. U01OH010524 7/1/2013 - 6/30/2016
 Mind Body Treatment for WTC Responders with Comorbid PTSD and Respiratory Illness
 National Institute for Occupational Safety and Health (NIOSH).
 Total Award \$1,499,150.
 Role: Consultant
11. Hogg Foundation 6/1/2013 – 5/31/2016
 Improving the Assessment of Bipolar Disorder Among Spanish-Speaking Hispanics in Texas
 Total Award \$19,023.
 Role: PI

10. R01MH094398 6/7/2011 – 3/31/2014
Trajectories of Recovery in Psychosis Over Two Decades
National Institute of Mental Health (NIMH)
Total Award: \$1,966,627.
Role: Consultant
9. UAEM-UNT grant 1/1/2013 – 8/31/2013
Cross-Cultural Manifestations of Depression and Anxiety: Extension to Psychiatric Populations
Universidad Autonoma de Mexico-University of North Texas (UAEM-UNT) joint grant.
Role: PI
8. 1F32MH078481 07/1/2007-07/30/2009
Bipolar Disorder Among Patients with Depression
National Institute of Mental Health (NIMH) Ruth L. Kirschstein NRSA.
Role: PI
7. NARSAD Award 12/1/2007-10/1/2009
Improving Detection of Bipolar Disorder: Role of Mood-Dependent Memory Processes
NARSAD Young Investigator Award.
Role: PI
6. (NIH) Loan Repayment Program 2006-2009
National Institute of Health (NIH) Loan Repayment Program.
Role: PI
5. UAEM-UNT grant 1/1/2011 – 8/31/2011
Depression and Anxiety in the US and Mexico
Universidad Autonoma de Mexico-University of North Texas (UAEM-UNT) joint funding.
Role: PI
4. University of North Texas grant 1/1/2011-8/31/2011
Dimensions of the Mood Spectrum
Research Initiation Grant (RIG).
Role: PI
3. University of North Texas grant 1/1/2010-12/31/2010
Emotion Reactivity in the Bipolar Spectrum
Research Initiation Grant (RIG).
Role: PI
- 1./2. University of North Texas grants 6/1/2010 – 8/31/2010 and 6/1/2011 – 8/31/2011
Summer Research Fellowship Awards.
Role: PI

PEER-REVIEWED PUBLICATIONS

Total citations = 14,439; h-index (Google scholar) = 49

* *Mentored 1st author student*; † *Joint first author*

- 2024 or in press-----
132. Mann, F. D., Waszczuk, M. A., Clouston, S. A., Feltman, S., **Ruggero, C. J.**, Marx, B. P., ... & Kotov, R. (in press). Long-Term Trajectories of Posttraumatic Stress Disorder Symptoms: A 20-Year Longitudinal Study of World Trade Center Responders. *Nature Mental Health*, in press.
 131. Cicero, D. C., **Ruggero, C. J.**, Balling, C. E., Bottera, A. R., Cheli, S., Elkrief, L., ... & Thomeczek, M. L. (2024). State of the Science: The Hierarchical Taxonomy of Psychopathology (HiTOP). *Behavior Therapy*, 55, 1114-1129.
 130. Slavish, D.C., **Ruggero, C.J.**, Schuler, K., Schwartz, J.E., Luft, B. & Kotov, R. (2024). Effects of daily posttraumatic stress disorder symptoms on heart rate variability. *Psychosomatic Medicine*, 86 (1), 30-36.
 129. **Ruggero, C.J.**, Shelton, A., Bennett, C., Dornbach-Bender, A. & Potts, A. (2024). Parental bipolar disorder and attachment insecurity in young adults. *American Journal of Family Therapy*, 52(3), 261-275.
 128. Slavish, D. C., **Ruggero, C. J.**, Luft, B. & Kotov, R. (in press). Sleep disturbances across 2 weeks predict future mental healthcare utilization, *Sleep*.
 127. Su, C. C., **Ruggero, C. J.**, Neumann, C. S., & Cicero, D. C. (in press). Measurement Equivalence of Family Functioning and Psychosis Risk Measures in the Adolescent Brain Cognitive DevelopmentSM Study. *Assessment*.
 126. Martin, E.A., Lian, W., Oltmanns, J.R., Jonas, K.G., Samaras, D., Hallquist, M.N., **Ruggero, C.J.**, Clouston, S.A.P. & Kotov, R. (in press). Behavioral measures of psychotic disorders: Using artificial intelligence to detect nonverbal expressions in video. *Journal of Psychiatric Research*.
 125. Forbes, M. K., Ringwald, W. R., Allen, T., Cicero, D. C., Clark, L. A., DeYoung, C. G., Nicholas Eaton, N., Kotov, R., Krueger, R.F., Latzman, R.D., Martin, E.A., Naragon-Gainey, K., **Ruggero, C.J.**, Waldman, I.D., Brandes, C., Fried, E.I., Goghari, V.M., Hankin, B., Sperry, S., Stanton, K., Aftab, A., Lynam, D., Roche, M., & Wright, A. G. (2024). Principles and procedures for revising the Hierarchical Taxonomy of Psychopathology. *Journal of Psychopathology and Clinical Science*, 133, 4-19.
 124. Crowley, J. J., Cappi, C., Ochoa-Panaifo, M. E., Frederick, R. M., Kook, M., Wiese, A. D.... **Ruggero, C.J.**....Storch, E. A. (in press). Latin American Trans-ancestry INitiative for OCD genomics (LATINO): Study protocol. *American Journal of Medical Genetics Part B: Neuropsychiatric Genetics*, in press.
 123. Nagy, S. M., Emert, S. E., Leete, J. J., Taylor, D. J., Dietch, J. R., Slavish, D. C., **Ruggero, C.J.** & Kelly, K. (2024). Psychometric Evaluation of the Insomnia Severity Index in Nurses. *Behavioral Sleep Medicine*, 1-11.
 122. Thompson, L. M., Slavish, D. C., Messman, B. A., Dietch, J. R., Kelly, K., **Ruggero, C.J.**, ... & Blumenthal, H. (2024). Alcohol Use Predicts Longer But More Fragmented Sleep: A Daily Diary Study of Alcohol, Sleep, and PTSD in Nurses. *International Journal of Behavioral Medicine*, 1-12.
 121. Harold, R., Hill, K. E., Kamat, R., Perlman, G., Kotov, R., **Ruggero, C. J.**, Samuel, D. B., & Foti, D. (2024). Error-related brain activity shapes the association between trait neuroticism and

internalizing symptomatology in two tasks. *International Journal of Psychophysiology*, 204, 112404.

120. Baldour-Wang, M., Kotov, R., Gámez, W., Chmielewski, M., **Ruggero, C. J.**, & Eaton, N. R. (2024). The structure of experiential avoidance and external validity: An investigation of the multidimensional experiential avoidance Questionnaire. *Journal of Psychopathology and Behavioral Assessment*, 46(4), 943-961.

----- 2023 -----

119. Oltmanns, J. R., **Ruggero, C.J.**, Miao, J., Waszczuk, M., Yang, Y., Clouston, S. A. P., Bromet, E. J., Luft, B. J., & Kotov, R. (2023). The role of personality in the mental and physical health of World Trade Center responders: Self- versus informant-reports. *Clinical Psychological Science*, 11(6), 1075-1089.
118. Escobar-Galvez, I., Yanouri, L., Herrera, C. N., Callahan, J. L., **Ruggero, C. J.**, & Cicero, D. (2023). Intergenerational differences in barriers that impede mental health service use among Latinos. *Practice Innovations*, 8, 116-130.
117. Messman, B.A., Slavish, D.C., Briggs, M., **Ruggero, C.J.**, Luft, B.J., Kotov, R. (2023). Daily sleep-stress reactivity and functional impairment in World Trade Center responders. *Annals of Behavioral Medicine*, 57(7), 582-592.
116. Bart, T., Su, C., Gonzalez Zapata, D., Alsup, C., Hricovec, M., Callahan, J.L., **Ruggero, C.J.**, Cicero, D.C. (2023). Measurement invariance of commonly used psychosis-screening scales in US Spanish- and English-speaking Hispanics. *Psychological Assessment*, 35(4), 300–310.
115. Slavish, D.C., **Ruggero, C.J.**, Briggs, M., Messman, B.A., Contractor, A.A., Miao, J., Oltmanns, J.R., Waszczuk, M.A., Luft, B.J., & Kotov, R. (2023). Longitudinal associations between PTSD and sleep disturbances among World Trade Center responders. *Sleep Medicine*, 101, 269-277.
114. Oltmanns, J. R., Schwartz, H. A., **Ruggero, C.J.**, Son, Y., Vu, H., Gill, G., ... & Kotov, R. (2023). Incremental Validity of Language-Based Assessments of Personality in World Trade Center Responders. *PsyArXiv*; 2023. DOI: 10.31234/osf.io/7graf.
113. Jordan, D. G., Slavish, D. C., Dietch, J., Messman, B., **Ruggero, C.J.**, Kelly, K., & Taylor, D. J. (2023) Investigating sleep, stress, and mood dynamics via temporal network analysis. *Sleep Medicine* (103), 1-11.
112. Yoo, J., Slavish, D., Dietch, J., Kelly, K. **Ruggero, C.J.** & Taylor, D. (2023). Daily reactivity to stress and sleep disturbances: unique risk factors for insomnia. *Sleep*, 46(2):zsac256.

----- 2022 -----

111. Watson, D., Forbes, M. K., Levin-Aspenson, H. F., **Ruggero, C. J.**, Kotelnikova, Y., Khoo, S., Bagby, R. M., Sunderland, M., Patalay, P., & Kotov, R. (2022). The Development of Preliminary HiTOP Internalizing Spectrum Scales. *Assessment*, 29(1), 17–33. **Journal IF = 3.197**
110. Rogers, A.H., Zvolensky, M.J., Vujanovic, A.A., **Ruggero, C.J.**, Oltmanns, J., Waszczuk, M.A., Luft, B.J., & Kotov, R. (2022). Anxiety sensitivity and pain experience: A prospective investigation among World Trade Center responders. *Journal of Behavioral Medicine*, 45(6), 947–953.
109. Jonas, K., Lian, W., Callahan, J., **Ruggero, C.J.**, Clouston, S., Reichenberg, A., Carlson, G.A., Bromet, E.J. & Kotov, R. (2022). The course of general cognitive ability in psychotic disorders. *JAMA Psychiatry*, 79(7):659-666. **Journal IF = 21.6**
108. Kotov, R., Cicero, D. C., Conway, C. C., DeYoung, C. G., Dombrovski, A., Eaton, N. R., First, M. B., Forbes, M. K., Hyman, S. E., Jonas, K. G., Krueger, R. F., Latzman, R. D., Li, J. J., Nelson,

- B. D., Regier, D. A., Rodriguez-Seijas, C., **Ruggero, C. J.**, Simms, L. J., Skodol, A. E., Waldman, I. D., Waszczuk, M. A., Watson, D., Widiger, T. A., Wilson, S., & Wright, A. G. C. (2022). The Hierarchical Taxonomy of Psychopathology (HiTOP) in psychiatric practice and research. *Psychological Medicine*, 52(9), 1666-1678. **Journal IF = 7.723**
107. Slavish, D.C., Dietch, J.R., Kane, H.S., Messman, B.A., Garcia, O., Wiley, J.F., Yap, Y., Kelly, K., **Ruggero, C.J.**, & Taylor, D.J. (2022). Daily stress and sleep associations vary by work schedule: A between- and within-person analysis in nurses. *Journal of Sleep Research*, 31(3):e13506.
106. Imbriano, G., Waszczuk, M., Rajaram, S., **Ruggero, C.J.**, Miao, J., Clouston, S., ... & Mohanty, A. (2022). Association of attention and memory biases for negative stimuli with post-traumatic stress disorder symptoms. *Journal of Anxiety Disorders*, 85, 102509.
105. DeYoung, C. G., Kotov, R., Krueger, R. F., Cicero, D. C., Conway, C. C., Eaton, N. R., Forbes, M. K., Hallquist, M. N., Jonas, K. G., Latzman, R. D., Rodriguez-Seijas, C., **Ruggero, C. J.**, Simms, L. J., Waldman, I. D., Waszczuk, M. A., Widiger, T. A., & Wright, A. G. C. (2022). Answering questions about the Hierarchical Taxonomy of Psychopathology (HiTOP): Analogies to whales and sharks miss the boat. *Clinical Psychological Science*, 10(2), 279–284.
104. Waszczuk, M. A., Hopwood, C. J., Luft, B. J., Morey, L. C., Perlman, G., **Ruggero, C. J.**, Skodol, A. E., & Kotov, R. (2022). The prognostic utility of personality traits versus past psychiatric diagnoses: Predicting future mental health and functioning. *Clinical Psychological Science*, 10(4), 734–751. **Journal IF = 3.74**
103. Farmer HR, Slavish DC, Ruiz J, Dietch JR, **Ruggero CJ**, Messman BA, Kelly K, Kohut M, Taylor DJ. (2022). Racial/ethnic variations in inflammatory markers: exploring the role of sleep duration and sleep efficiency. *Journal of Behavioral Medicine*, 45(6), 855–867.
102. Taylor, D.J., Dietch, J.R., Wardle-Pinkston, S., Slavish, D.C., Messman, B., **Ruggero, C.J.**, Kelly, K. (2022). Shift Work Disorder Index: Initial validation and psychosocial associations in sample of nurses. *Journal of Clinical Sleep Medicine*, 18(10), 2339–2351.
101. Slavish, D.C., Contractor, A.A., Dietch, J.R., Messman, B., Lucke, H., Briggs, M., Thornton, J., **Ruggero, C.J.**, Kelly, K., Kohut, M. & Taylor, D. (2022). Characterizing patterns of nurses' daily sleep health: A latent profile analysis. *International Journal of Behavioral Medicine*, 29(5), 648–658.
100. Kauffman, B. Y., Kotov, R., Garey, L., **Ruggero, C. J.**, Luft, B. J., & Zvolensky M. J. (2022). The association between body mass index and anxious arousal, depressive, and insomnia symptoms among World Trade Center responders. *Health Behavior Research*, 5 (1), 1-9.
- 2021 -----
99. **Ruggero, C.J.**, Schuler, K., Waszczuk, M.A., Callahan, J., Contractor, A.A., Bennett, C.B., Luft, B., Kotov, R. (2021). Posttraumatic Stress Disorder in daily life among World Trade Center responders: Temporal symptom cascades. *Journal of Psychiatric Research*, 138, 240-245. **Journal IF = 4.465**
98. *Schuler, K., **Ruggero, C. J.**, Mahaffey, B., Gonzalez, A., Callahan, J., Boals, A., Waszczuk, M. A., Luft, B., & Kotov, R. (2021). When hindsight is not 20/20: Assessment of PTSD predominantly captures worst, not average, symptoms. *Assessment*, 28 (1), 238-247. **Journal IF = 3.197**
97. Cicero, D. & **Ruggero, C.J.** (2021). Opening a can of worms: the importance of testing the measurement invariance of hierarchical models of psychopathology— a commentary on He and Li. *Journal of Child Psychology and Psychiatry*, 62(3), 299–302. <https://doi.org/10.1111/jcpp.13353>. **Journal IF = 6.129**

96. Oltmanns, J. R., Schwartz, H. A., **Ruggero, C.J.**, Son, Y., Miao, J., Waszczuk, M., ... & Kotov, R. (2021). Artificial Intelligence language predictors of two-year trauma-related outcomes. *Journal of Psychiatric Research*, 143, 239–245. **Journal IF = 4.465**
95. Forbes, M. K., Sunderland, M., Rapee, R. M., Batterham, P. J., Cascar, A. L., Carragher, N., **Ruggero, C.J.**, Zimmerman, M., Baillie, A. J., Lynch, S. J., Mewton, L., Slade, T., & Krueger, R. F. (2021). A detailed hierarchical model of psychopathology: From individual symptoms up to the general factor of psychopathology. *Clinical Psychological Science*. 9(2), 139–168. <https://doi.org/10.1177/2167702620954799> **Journal IF = 3.74**
94. Garcia, O., Slavish, D. C., Dietch, J. R., Messman, B. A., Contractor, A. A., Haynes, P. L., Pruiksma, K. E., Kelly, K., **Ruggero, C.J.**, & Taylor, D. J. (2021). What goes around comes around: Nightmares and daily stress are bidirectionally associated in nurses. *Stress and health : journal of the International Society for the Investigation of Stress*, 37(5), 1035–1042.
93. Kotov, R., Krueger, R.F., Watson, D., Cicero, D.C., Conway, C.C., DeYoung, C.G., Eaton, N.R., Forbes, M.F., Hallquist, M.N., Latzman, R.D., Mullins-Sweatt, S.N., **Ruggero, C.J.**, Simms, L.J., Waldman, I.D., Waszczuk, M., Wright, A.G.C. (2021). The Hierarchical Taxonomy Of Psychopathology (HiTOP): A quantitative nosology based on consensus of evidence. *Annual Review of Clinical Psychology*, 7 (17), 83-108. doi: 10.1146/annurev-clinpsy-081219-093304. **Journal IF = 13.692**
92. Walker, J.L., Slavish, D.C., Dolan, M., Dietch, J.R., Wardle-Pinkston, S., Messman, B., **Ruggero, C.J.**, Kohut, M., Borwick, J., Kelly, K. & Taylor, D.J. (2021). Age-dependent associations among insomnia, depression, and inflammation in nurses. *Psychology and Health*, 36 (8), 967-984.
91. Dietch, J. R., Taylor, D. J., Pruiksma, K., Wardle-Pinkston, S., Slavish, D. C., Messman, B., Estevez, R., **Ruggero, C. J.**, & Kelly, K. (2021). The Nightmare Disorder Index: development and initial validation in a sample of nurses. *Sleep*, 44(5), zsa254. <https://doi.org/10.1093/sleep/zsa254>
- 2020 -----
90. †**Ruggero, C.J.**, †Bennett, C., Server, A. & Yanouri, L. (2020). eHealth to redress psychotherapy access barriers both new and old: A review of reviews and meta-analyses. *Journal of Psychotherapy Integration*, 30(2), 188–207. <https://doi.org/10.1037/int0000217>. **Journal IF = 1.35**
89. *Dornbach-Bender, A., **Ruggero, C. J.**, Smith, P., Schuler, K., Bennet, C., Neumann, C., & Callahan, J. (2020). Association of Behavioral Activation System sensitivity to lower level facets of positive affect in daily life. *Personality and Individual Differences*, 152, 109570. **Journal IF = 1.967**
88. Fett, A.J., Velthorst, E., Reichenberg, A., **Ruggero, C.J.**, Callahan, J., Fochtmann, L.J., Carlson, G., Perlman, G., Bromet, E.J., Kotov, R. (2020). Long-term changes in cognitive functioning in psychotic disorders. Findings from the Suffolk County Mental Health Project. *JAMA Psychiatry*, 77(4), 387-396. doi:10.1001/jamapsychiatry.2019.3993. **Journal IF = 15.196**
87. Slavish, D.C., Taylor, D.J., Dietch, J.R., Wardle-Pinkston, S., Messman, B., **Ruggero, C.J.**, Kohut, M. & Kelly, K. (2020). Intraindividual variability in sleep and levels of systemic inflammation in nurses. *Psychosomatic Medicine*, 82(7), 678-688. doi: 10.1097/PSY.0000000000000843.
86. Hopwood, C.J., Bagby, R.M., Gralnick, T., Ro, E., **Ruggero, C.J.**, Mullins-Sweatt, S., Kotov, R., Bach, B.S., Cicero, D.C., Krueger, R.F., Patrick, C.J., Chmielewski, M., DeYoung, C.G., Docherty, A.R., Eaton, N.R., Forbush, K.T., Ivanova, M.Y., Latzman, R.D., Pincus, A.L., Samuel, D.B., Waugh, M.H., Wright, A.G.C., & Zimmermann, J. (2020). Integrating

psychotherapy with the Hierarchical Taxonomy of Psychopathology (HiTOP). *Journal of Psychotherapy Integration*, 30 (4), 477-497. **Journal IF = 1.35**

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85. **Ruggero, C.J.**, Kotov, R., Hopwood, C.J., First, M., Clark, L.A., Skodol, A.E., Mullins-Sweatt, S.N., Patrick, C.J., Bach, B., Cicero, D.C., Docherty, A., Simms, L., Bagby, R.M., Krueger, R.F., Callahan, J.L., Chmielewski, M., Conway, C.C., De Clercq, B.J., Dornbach-Bender, A., Eaton, N.R., Forbes, M.K., Forbush, K.T., Haltigan, J.D., Miller, J.D. Morey, L.C., Patalay, P., Reininghaus, U., Shackman, A.J., Waszczuk, M.A., Watson, D., Wright, A.G.C., Zimmerman, J. (2019). Integrating a dimensional, hierarchical taxonomy of psychopathology into clinical practice. *Journal of Consulting and Clinical Psychology*, 87 (12), 1069-1084. doi: 10.1037/ccp0000452. **Journal IF = 4.536**
84. Rodriguez-Seijas, C., **Ruggero, C.J.** Eaton, N.R., & Kueger, B. (2019). The DSM-5 Alternative Model for Personality Disorders and clinical treatment: A review. *Current Treatment Options in Psychiatry*, 6, 284–298. doi:10.1007/s40501-019-00187-7.
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12. Zimmerman, M., Galione, J.N., **Ruggero, C.J.**, Chelminski, I., Dalrymple, K., & Young, D. (2010). Overdiagnosis of bipolar disorder and disability payments. *Journal of Nervous and Mental Disease*, 198, 452-454. **Journal IF = 1.940**
11. Zimmerman, M., Galione, J., Chelminski, I., McGlinchey, J., Young, D., Dalrymple, K., **Ruggero, C.J.**, & Witt-Francione, C. (2010). A simpler definition of major depressive disorder. *Psychological Medicine*, 40, 451-457. **Journal IF = 5.475**
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10. Zimmerman, M., Galione, J., **Ruggero, C.J.**, Chelminski, I., McGlinchey, J., Dalrymple, K. & Young, D. (2009). Performance of the Mood Disorders Questionnaire in a psychiatric outpatient setting. *Bipolar Disorders*, 11 (7), 759-765. **Journal IF = 4.490**
9. Cuellar, A. K., Johnson, S. L., & **Ruggero, C. J.** (2009). Affective reactivity in response to criticism in remitted bipolar disorder: a laboratory analog of Expressed Emotion. *Journal of Clinical Psychology*, 65, 925-941. **Journal IF = 2.330**
8. Zimmerman, M., **Ruggero, C.J.**, Chelminski, I., & Young, D. (2008). Is bipolar disorder overdiagnosed? *Journal of Clinical Psychiatry*, 69, 935-940. **Journal IF = 4.247**
7. Johnson, S. L., Cuellar, A., **Ruggero, C.J.**, Perlman, C., Goodnick, P., White, R., & Miller, I. (2008). Life events as predictors of mania and depression in bipolar I disorder. *Journal of Abnormal Psychology*, 117, 268-277. **Journal IF = 4.642**
6. **Ruggero, C.J.**, Chelminski, I., Young, D., & Zimmerman, M. (2007). Psychosocial impairment associated with bipolar II disorder. *Journal of Affective Disorders*, 104, 53-60. **Journal IF = 3.786**
5. Zimmerman, M., Posternak, M. A., & **Ruggero, C. J.** (2007). Impact of study design on the results of continuation studies of antidepressants. *Journal of Clinical Psychopharmacology*, 27 (2), 177-181. **Journal IF = 3.134**

4. **Ruggero, C. J.**, & Johnson, S.L. (2006). Reactivity to a laboratory stressor among individuals with bipolar I disorder in remission. *Journal of Abnormal Psychology, 115* (3), 539-544. **Journal IF = 4.642**
3. Zimmerman, M., **Ruggero, C.J.**, Chelminski, I., Young, D., Posternak, M., Friedman, M., Boerescu, D., & Attiullah, N. (2006). Developing brief scales for use in clinical practice: Reliability and validity of single item self-report measures of depression symptom severity, psychosocial impairment due to depression, and quality of life. *Journal of Clinical Psychiatry, 67* (10), 1536-1541. **Journal IF = 4.247**
2. Johnson, S. L., **Ruggero, C. J.**, & Carver, C. S. (2005). Cognitive, behavioral, and affective responses to reward: Links with hypomanic symptoms. *Journal of Social and Clinical Psychology, 24*, 894-906. **Journal IF = 1.304**
1. **Ruggero, C. J.**, Johnson, S. L., & Cuellar, A. K. (2004). Spanish-language measures of mania and depression. *Psychological Assessment, 16*, 381-385. **Journal IF = 3.371**

MANUALS / GUIDELINES

- Ruggero, C.J.**, Cicero, D., Gonzalez Zapata, D., Kim., H., Kotov, R., Martin, L., Pasion, R., Reininghaus, U., Simms, L., Zimmerman, J. (2023). *Adaptation Guidelines for the Hierarchical Taxonomy of Psychopathology Self-Report (HiTOP-SR)*. Retrieved from...
- Jonas, K., Stanton, K., Simms, L., Mullins-Sweatt, S., Gillett, D., Dainer, E., ... **Ruggero, C.J.** (2021, September 24). *HiTOP Digital Assessment and Tracker (HiTOP-DAT) Manual*. Retrieved from osf.io/8hngd

LETTERS AND BOOK REVIEWS

- Ruggero, C. J.**, Kotov, R., Carlson, G., Gonzalez, D. & Bromet, E.J., (2012). Reply to Swartz: No evidence of an artifact. *Journal of Clinical Psychiatry, 73* (4), 538.
- Ruggero, C.J.** & Zimmerman, M. (2009). Overdiagnosis and underdiagnosis of bipolar disorder. *Journal of Clinical Psychiatry, 70* (1), 143.
- Zimmerman, M., **Ruggero, C.J.**, Chelminski, I., & Young, D. (2009). Reply to Reliability, Not Overdiagnosis. *Journal of Clinical Psychiatry, 70* (4), 603.
- Ruggero, C.J.** (2007). Depression and Personality: Conceptual and Clinical Challenges, Review. *Journal of Nervous and Mental Disease, 195*, 547-548.

SYMPOSIA, INVITED TALKS

- Ruggero, C.J.** & Martin, E. (2025). Moderated Discussion: Adapting HiTOP-Pro for International Use. Hierarchical Taxonomy of Psychopathology (HiTOP) Annual Conference, Denver, CO, United States.
- Ruggero, C. J.** (2024). *A Tale of Two Cities? Redressing Behavioral Health Disparities in DFW*. Invited talk for the Spring Lecture Series of the Center for Children and Families, University of Texas at Dallas.
- Kotov, R. & **Ruggero, C. J.** (2024). *Brain disorders or behavior disorders: Implications for psychiatric discovery and treatment*. Invited talk to the Center for Vital Longevity, University of Texas at Dallas.
- Gonzalez Zapata, D., Briones, M., Callahan, J., Diaz-Batanero, C., De la Rosa-Caceres, A., Fresno, N.,

- Kotov, R., Simms, L., Villalobos, B., & **Ruggero, C.J.** (2024). Spanish adaptation of the Hierarchical Taxonomy of Psychopathology-Self Report (HiTOP-SR): towards a unified version across different cultural contexts. [Conference communication]. International Test Commission Conference (ITC 2024). Granada, Spain.
- Ruggero, C.J.**, Gonzalez Zapata, D., Briones, M., Callahan, J., Diaz-Batanero, C., Fresno Cañada, N., Kotov, R., Simms, L., Villalobos, B., Brewster, N. (2024). Adapting HiTOP-SR for Use in Spanish [Conference session]. Hierarchical Taxonomy of Psychopathology (HiTOP) Conference, San Diego, CA, United States.
- Ruggero, C.J.**, Gonzalez Zapata, D., Briones, M., Callahan, J., Diaz-Batanero, C., Fresno Cañada, N., Kotov, R., Simms, L., Villalobos, B., Brewster, N. (2024). Adapting HiTOP-SR for Use in Spanish [Conference session]. Hierarchical Taxonomy of Psychopathology (HiTOP) Conference, San Diego, CA, United States.
- Ruggero, C. J.**, Cicero, D. & Su, C. (2023). *Translation of the HiTOP Model into Clinical Practice*. Symposium presentation at annual meeting of The Society for Personality Assessment, Austin, TX.
- Kim, K. N., Taylor, D. J., Sbarra, D. A., Mehl, M. R., Messman, B. A., Dietch, J. R., Kelly, K., Slavish, D. C., & **Ruggero, C. J.** (2024, June). *Bidirectional Relationships between Daily Sleep and Depression: How do Shiftwork and Sleep Variability factor in?* [Conference presentation]. SLEEP 2024, the 38th Annual Meeting of the Associated Professional Sleep Societies, LLC (APSS); Houston, TX.
- Jordan, D. G., Slavish, D. C., Dietch, J., Messman, B., **Ruggero, C.**, Kelly, K., & Taylor, D. J. (2023, November). *Application of temporal network analysis to sleep diary data: Testing the limits by adhering to best practices?* Paper presented at the 57th annual Association for Behavioral and Cognitive Therapies convention, Seattle, WA.
- Ruggero, C.J.**, Kannard, E. & Kotov, R. (2021). *Mania in HiTOP 2.0*. Invited talk at annual Hierarchical Taxonomy of Psychopathology conference, University of Minnesota (virtually).
- Cicero, D., **Ruggero, C.J.** & Jonas, K. G. (2021). *Clinical Translation Workgroup Update*. Invited talk at annual Hierarchical Taxonomy of Psychopathology conference, University of Minnesota (virtually).
- Slavish, D., **Ruggero, C.J.** & Kelly, K. S. (2021), Daily stress and sleep associations vary by work schedule: A between- and within-person analysis in nurses. Oral report at annual meeting of the Gerontological Society of America.
- Ruggero, C. J.**, Bennett, C. (co-first author) & Yanouri, L. (June 2020). *eHealth to Redress Psychotherapy Access Barriers Both New and Old*. Invited talk at the webinar Telepsychotherapy in the Age of COVID-19 hosted by the Society for Psychotherapy Integration (SEPI), Virtual Webinar.
- Dietch, J., Slavish, D., Taylor, D. J., **Ruggero, C.**, Messman, B., Wardle-Pinkston, S., Kelly, K. S. (2020). Do associations between daily stress and sleep vary by work shift? A within-person analysis in nurses. Oral presentation at the Associated Professional Sleep Societies, Philadelphia, PA.
- Slavish, D., Taylor, D. J., **Ruggero, C.**, Dietch, J., Messman, B., Wardle-Pinkston, S., Kelly, K. S. (2020). Beyond the mean: Personality, night-to-night variability in sleep, and social jetlag. Oral Presentation at American Psychosomatic Society, Long Beach, CA.
- Ruggero, C. J.** & Bennett, C. (November, 2019). *Personality-Informed Care*. Invited talk at the annual World Trade Center (WTC) Health Program Research Meeting, New York, NY.
- Ruggero, C. J.** & Kotov, R. (November, 2019). *Mobile Health: Revolution in Progress*. Invited talk at

- the annual World Trade Center (WTC) Health Program Research Meeting, New York, NY.
- Jonas, K., Callahan, J. L., **Ruggero, C. J.**, Berzon, J., & Kotov, R. (2019, September). Cognition in psychotic disorders, age 8 to 80. Paper presentation at the Society for Research in Psychopathology. Buffalo, NY
- Callahan, J.C. & **Ruggero, C.J.** (2020). *Inclusive admissions and training*. Invited talk to the Council of Graduate Departments of Psychology (COGDOP – Psychology chairs) annual meeting. St. Petersburg, Florida
- Ruggero, C. J.** & Yanouri, L., & Callahan, J. L. (February, 2020). Psychology's role in addressing mental health disparities. Talk at University of Texas El Paso, El Paso, Texas.
- Callahan, J. L., Yanouri, L., & **Ruggero, C. J.** (September, 2019). *Mental health disparities in Texas*. Invited talk at Texas A&M, Corpus Christi, Texas.
- Ruggero, C. J.** & Yanouri, L., & Callahan, J. L. (September, 2019). *Psychology's role in addressing mental health disparities*. Invited talk at University of Texas Rio Grande Valley, McAllen, Texas.
- Callahan, J. L., Yanouri, L., & **Ruggero, C. J.** (September, 2019). *Psychology's role in addressing mental health disparities*. Invited talk at Black Hill State University, Spearfish, SD.
- Ruggero, C. J.** (September, 2019). *HiTOP Field Trials*. Invited talk at the annual meeting of the Hierarchical Taxonomy of Psychopathology Consortium conference, Buffalo, NY.
- Ruggero, C. J.** & Cicero, D. (September, 2019). *Clinical translation workgroup presentation*. Invited talk at the annual meeting of the Hierarchical Taxonomy of Psychopathology Consortium conference, Buffalo, NY.
- Taylor, D. J., Dietch, J.R., Slavish, D., Wardle-Pinkston, S., Kelly, K., **Ruggero, C.J.**, Messman, B. (2019, September). Multifaceted measurement of sleep and circadian factors in sleep and depression. In N. Carmona (Chair), *Depression and sleep: New insights in measurement and treatment*. Symposium conducted at the 15th biennial joint congress of the World Association of Sleep Medicine and World Sleep Federation, Vancouver, BC.
- Ruggero, C. J.** & Bennet, C. (2019). *Evidence-based diagnostic models and psychotherapy*. Symposium presentation at the annual meeting of the American Psychiatric Association, San Francisco, CA.
- Forbes, M. K., Sunderland, M., Batterham, P. J., Calear, A. L., Carragher, N., Zimmerman, M., **Ruggero, C.J.**, Rapee, R. M., & Krueger, R. F. (2019). *A symptom-level approach to analysing the structure of psychopathology*. Symposium to be presented at the Society for Research in Psychopathology (SRP), Buffalo, NY.
- Callahan, J. L., **Ruggero, C. J.**, Bennet C., & Fondren, A. (January, 2019). *Using evidence to unpack and evaluate admissions processes and outcomes*. Invited talk at the Council of University Directors of Clinical Psychology Midwinter Meeting. New Orleans, LA.
- Slavish, D., Messman, B., Kelly, K. S., **Ruggero, C.**, Taylor, D. J. (2019). *Psychological and health correlates of night-to-night variability in sleep in nurses*. Presentation at American Psychosomatic Society, Vancouver, BC, Canada.
- Ruggero, C.J.**, Dornbach-Bender, A., Schuler, K.L., Contractor, A., Callahan, J., & Kotov, R. (2018) *Positive affect and PTSD: Evidence from ecological momentary assessment and structural studies reveal a unique disturbance profile*. Symposium presentation at the annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Washington, D.C.
- Anne-Kathrin, F., Velthorst, E., Reichenberg, A., **Ruggero, C.J.**, Callahan, J., Bromet, E. J., & Kotov, R. (2018, April). *Eighteen-year course of cognitive functioning in psychotic disorders: Findings from the Suffolk County mental health longitudinal study*. Symposia presented at the

Schizophrenia International Research Society biennial conference. Florence, Italy.

- Ruggero, C.J.** (2017). *The Hierarchical Taxonomy of Psychopathology (HiTOP)*. Presentation to the World Health Organization conference on person-centered medicine, Geneva, Switzerland.
- Perlman, G., Shteynberg, Y., **Ruggero, C.**, Bennett, C, Liu, K., Foti, D., Kotov, R. (2017). *Personality and Biological Predictors of Resiliency to Chronic Stress Among High-Achieving Adults*. Talk presented at NASA Human Research Program Investigators' Workshop, Galveston, TX.
- Ruggero, C.J.** (2017). Clinical Translation of HiTOP Update. Presented at annual meeting of the Hierarchical Taxonomy of Psychopathology consortium meeting, Baltimore, MD.
- Krueger, R., Forbes, M., Kotov, R., **Ruggero, C.J.**, Watson, D., Zimmerman, M. (2016). Hierarchy as Construct in HiTOP. Symposium presentation at the annual meeting of the Society for Research in Psychopathology, Baltimore, MD.
- Ruggero, C.J.**, Waszczuk, M.A., Love, P., Liu, K. (2016). *HiTOP clinical translation: Can dimensional nosology translate into better care?* Symposium presentation at the annual meeting of the Society for Research in Psychopathology, Baltimore, MD.
- Ruggero, C.J. (chair)** (2016). *Ambulatory Tracking Reveals Dynamic Links among PTSD Dimensions, Health and Biology*. Symposium presentation at the 32nd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Dallas, TX.
- *Liu, K. & **Ruggero, C.J.** & Kotov, R. (2016). Daily association between cortisol rhythms and PTSD symptoms in World Trade Center (WTC) responders: The role of daily stressors. Symposium presentation at the annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Dallas, Texas.
- Ruggero, C.J., & Liu, K.** (2016). *Post-traumatic Stress disorder (PTSD) symptom cascades may represent a novel point of intervention: Results from daily monitoring study of World Trade Center (WTC) responders*. Symposium presentation at the 32nd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Dallas, TX.
- Kotov, R., Waszczuk, M.A., **Ruggero, C.J.** (2016). PTSD and Physical Health: Temporal Dynamics. Symposium presentation at the 32nd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Dallas, TX.
- Ruggero, C.J. & Kotov, R.** (2016). *Empirically-based nosology in the clinic: Introducing the Hierarchical Taxonomy Of Psychopathology (HiTOP)*. Talk presented to the annual meeting of the Society for the Exploration of Psychotherapy Integration, Dublin, Ireland.
- Ruggero, C.J.** (2016). *Mania placement in the Hierarchical Taxonomy of Psychopathology (HiTOP)*. Presentation to the inaugural meeting of the HiTOP consortium, University of Chicago, IL.
- Ruggero, C.J.** (2016). *Clinical Translation (HiTOP)*. Presentation to the inaugural meeting of the HiTOP consortium, University of Chicago, IL.
- Ruggero, C.J. (chair)** (2016). *Psychopathology outside the clinic: Insights from intensive, ecological sampling of symptoms, risk factors and points of intervention*. Symposium presentation at the 28th annual convention of the Association for Psychological Science, Chicago, IL.
- Ruggero, C.J.** (2016). *Dynamic of PTSD symptom clusters in daily life: Symptom cascades indicate novel points of intervention*. Symposium presentation at the 28th annual convention of the Association for Psychological Science, Chicago, IL.
- *Liu, K., **Ruggero, C.J.**, Gonzalez, A., Callahan, J., Mahaffey, B. (May, 2016). *Daily diaries as a part of the treatment plan: Impact and lessons from a treatment trial of 157 individuals with chronic PTSD*. Symposium presentation at the 28th annual convention of the Association for Psychological Science, Chicago, IL.
- Waszczuk, M. A., Kotov, R., **Ruggero, C.J.**, Schwartz, J., Gonzalez, A., Bromet, E. J., Luft, B. J.

- (2016). Temporal interplay between comorbid mental and physical health symptoms in an ecological momentary assessment study. Symposium presentation at the 28th annual convention of the Association for Psychological Science, Chicago, IL.
- Callahan, J. L., Aubuchon-Endsley, N. L., Gonzalez, D. A., **Ruggero, C. J.**, & Abramson, C. I. (2016, June). *The impact of hope in mediating psychotherapy expectations in outcomes: A study of Brazilian clients*. Paper presentation at the Society for the Exploration of Psychotherapy Integration international meeting. Dublin, Ireland.
- Callahan, J. L., Hogan, L. R., Shelton, A. J., & **Ruggero, C. J.** (2016). *A matter of perception: Revisiting how client and therapist value differences impact working alliance outcome*. Paper presentation at the Society for the Exploration of Psychotherapy Integration international meeting. Dublin, Ireland.
- *Liu, K., **Ruggero, C.**, Goldstein, B., Klein, D., Perlman, G., Kotov, R. (2016). *Elevated Cortisol in Adolescent Offspring of Parents with Posttraumatic Stress Disorder*. Symposium presentation at biennial meeting of the Society for Research on Adolescence, Baltimore, MD.
- Kotov, R., Waszczuk, M, **Ruggero, C. J.**, Schwartz, J., Clouston, S., Gonzalez, A., Shapiria, O., Bromet, E., & Luft B. (2016) From Daily Burden to Personality-Informed Care: Better Assessment Means Better Treatment. Presentation to annual meeting of NIOSH WTCHP Research Meeting, New York, NY.
- Ruggero, C.J.** (2015). *Psychopathology Across Time: Analytic Approaches for Longitudinal Data*. Talk to the Psychology Student Research Group of UNT, Denton, TX.
- Kotov, R., Waszczuk, M, **Ruggero, C. J.**, Schwartz, J., Gonzalez, A., Bromet, E., & Luft B. (2015) *Mental and physical health of WTC responders outside the clinic*. Presentation to annual meeting of NIOSH WTCHP Research Grantee Meeting, New York, NY.
- Ruggero, C.J.** (2015). *From landing a postdoc to thriving as a faculty member*. Presentation at the UNT and Toulouse Graduate School-sponsored workshop “Securing Academic positions at two and four year institutions,” Denton, TX.
- Ruggero, C.J.**, Gonzalez, D., Shelton, A., Bain, K., Callahan, J., & Liu, K. (2014). *Screening for bipolar disorder in Spanish-speaking clients: Pitfalls of existing approaches and recommendations to reduce misdiagnosis*. Symposium report at the biennial meeting of the National Latina/o Psychological Association, Albuquerque, NM.
- Ruggero, C.J.** (2014). *DSM-5 Changes to Bipolar and Depressive Disorders, Evidence and Implications*. Invited talk, Texas Woman’s University, Denton.
- *Gonzalez, D. & **Ruggero, C.J.** (2014). *Measuring depressive symptoms in Spanish speakers*. Symposium report at the biennial meeting of the National Latina/o Psychological Association, Albuquerque, NM.
- Ruggero, C.J.**, Kotov, R., Callahan, J., Bain, K., Gonzalez, D. & Barquin, C. (2014). *Assessing symptoms of bipolar disorder and depression in Spanish-speaking Hispanics*. Oral report made to the annual meeting of the American Psychological Association, Washington, DC.
- Ruggero, C.J.**, Petrie, T., Sheinbein, S., Greenleaf, C. & Scott, M. (2014). *Does cardiorespiratory fitness protect against depression during middle school?* Oral report made to the annual meeting of the American Psychological Association, Washington, DC.
- Ruggero, C.J.** (2013). *Revisions to Personality in DSM-5 – What Didn’t Happen*. Invited talk, Collin County Psychological Association, Dallas.
- Ruggero, C.J.** (2013). *Diagnostic Controversies in DSM-5 - Mood and Personality Disorders*. Invited talk, University of Texas, Dallas.

- Krueger, B., Markon, K. & **Ruggero, C.J.** (2012). *Characterizing the Nature of the Relationship between Maladaptive Personality Traits and Functioning: A model based approach*. Oral report made to the annual meeting of the European Conference on Personality, Trieste, Italy.
- Callahan, J.L & **Ruggero, C. J.**, (2011). *Novel Approaches to Promoting Resilience in Children of War*. Oral report made to the annual meeting of the Mass Media and Mental Health Section of the World Psychiatric Association, Buenos Aires, Argentina.
- Ruggero, C. J., (Chair)**, Youngstrom, E., Phelps, J., Basco, M. R., Miller, C., Walshaw, P. (2010). *From Assessment to Treatment: New Approaches to the Management of the Wider Bipolar Spectrum*. Symposium conducted at the annual meeting of the American Psychological Association, San Diego, CA.
- Ruggero, C.J.** (2009). *Controversies Associated with the Diagnosis of Bipolar Disorder*. Invited address to the Department of Psychology, Korea University, Seoul, Korea.
- Ruggero, C.J.** (2009). *Underdiagnosed, overdiagnosed, misdiagnosed? Trends in the Treatment of Bipolar Disorder*. Oral report made to the annual meeting of the American Psychological Association, Toronto, Canada.
- Ruggero, C.J.** (2008). *The Evolving Bipolar Spectrum: Controversies and Dangers*. Invited address to the Grand Rounds of the Department of Psychiatry, Stony Brook Medical Center, NY.
- Ruggero, C.J.**, Zimmerman, M., Chelminski, I., & Young, D. (2007). *Beyond Bipolar I and II: Evidence for the Validity of the "Softer" Bipolar Spectrum*. Oral report made to the annual meeting of the American Psychiatric Association, San Diego, CA.
- Ruggero, C.J.**, Zimmerman, M., Chelminski, I., & Young, D. (2007). *Information Processing in Bipolar Disorder During Remission*. Oral report made to the annual meeting of the American Psychiatric Association, San Diego, CA.
- Johnson, S. L., **Ruggero, C. J.**, Joorman, J., & Gotlib, I. (2006). *Cognitive Biases in Bipolar I Disorder: The Role of Mood State*. Presentation made to the annual meeting of the Emotion Research Group (ERG), Miami, FL.
- Ruggero, C. J.** & Johnson, S. L. (2005). Cognitive biases towards positive stimuli among people with bipolar I disorder in remission. In S. L. Johnson (Chair), *Cognition and coping in bipolar disorder*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Johnson, S. L., Kizer, A., **Ruggero, C. J.**, Perlman, C., Goodnick, P., Miller, I. (2004). *Life events and mania: Implications of the reward sensitivity model*. Paper presented at the European Association for Behavioral and Cognitive Therapies, Manchester, England.
- Johnson, S. L., & **Ruggero, C.** (2004). *Goal regulation and mania*. Paper presented at the American Psychological Society, Chicago, IL.
- Johnson, S. L., **Ruggero, C. J.**, & Winters, R. (2002). *Cognitive and behavioral aspects of risk for mania: Laboratory studies of the behavioral activation system*. Presentation made at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Johnson, S. L., **Ruggero, C. J.**, Winters, R., Gotlib, I. H., Ahmed, Z., Rivas-Vasquez, R. (2001). *The Behavioral Activation System and Mania: Cognitive-Behavioral Implications*. Presentation as part of the symposium "New directions in the cognitive-behavioral conceptualization and treatment of bipolar disorder." Chair: Cory Newman. World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.

CONFERENCE POSTER PRESENTATIONS

- Benton, I., Norton, L., Olivarez, M., Stahl, L., Gonzalez Zapata, D., Ruggero, C., & Brewster, N. (2024, July). Associations Between Self-Stigma and Help-Seeking Behavior [Poster presentation]. North Texas Behavioral Health Careers Opportunity Program (HCOP) Poster Competition, Denton, TX.
- Gonzalez, E., Jurado, C., Jurado, I., Stahl, L., Gonzalez Zapata, D., Ruggero, C., & Brewster, N. (2024, July). Mental Health Literacy and Self-Stigma in Latinos [Poster presentation]. North Texas Behavioral Health Careers Opportunity Program (HCOP) Poster Competition, Denton, TX.
- Ruggero, C.J., Callahan, J., & Williams, H. (2024). Barriers to Specialty Mental Health Care: Predictors of Availability of Solo and Small Group Practices in the Dallas-Ft. Worth Metroplex. Society for the Exploration of Psychopathology Integration (SEPI) Conference.
- Brewster, N., Gonzalez Zapata, D., & Ruggero, C. (2024). Anticipated self-stigma and psychopathology symptoms in a Spanish-speaking Latino sample [Poster presentation]. Society for the Exploration of Psychopathology Integration (SEPI) Conference.
- Kim, K. N., Taylor, D. J., Sbarra, D. A., Mehl, M. R., Messman, B. A., Dietch, J. R., Kelly, K., Slavish, D. C., & Ruggero, C. J. (2024, June). Bidirectional Relationships between Daily Sleep and Depression: How do Shiftwork and Sleep Variability factor in? [Poster session]. SLEEP 2024, the 38th Annual Meeting of the Associated Professional Sleep Societies, LLC (APSS); Houston, TX.
- Bates, A., Husein, D., Feldman, E., Slavish, D., Taylor, D, Kelly, K., Ruggero, C., Dietch, J., Messman, B., & Kohut, M. (2024) The mediating role of sleep duration in the link between night shift work and inflammation in nurses. Poster accepted for presentation at SLEEP Conference in Houston, TX.
- Gonzalez Zapata, D., Ruggero, C. J., Callahan, J. L., Boals, A., Cicero, D. C., & Su, C. S. (2023). *Racial and Ethnic Group Differences in State Versus Trait Depression Across 12 Months*. [Poster abstract submitted for:]. American Psychological Association, Washington, D.C.
- Doyle, S.M., Ruggero, C.J., Hall, M., Cicero, D., Kotov, R., Callahan, J. & Gonzalez-Zapata, D. (2023). *Mitigated PTSD and Psychoticism Links in Hispanic Trauma Survivors*. [Poster abstract submitted for:]. American Psychiatric Association, San Francisco, CA.
- Gonzalez Zapata, D., Guzman Jr., J.J., Guadalupe Rosado, J.J., Callahan, J. L. & Ruggero, C. J. (2023). *Differences in Depressivity Among Hispanic Versus Non-Hispanic Individuals*. [Poster abstract submitted for:]. American Psychological Association, Washington, D.C.
- Jacey L. Anderberg, Olivia J. Morris, Renee M. Frederick, Carolina Cappi, Paola Giusti-Rodriguez, Matthew W. Halvorsen, Gabriel Lázaro-Muñoz, Karen G. Martinez Gonzalez, Manuel Mattheisen, Pablo R. Moya, Humberto Nicolini, Marcos E. Ochoa-Panaifo, Michele T. Pato, Members of the Latin American Trans-ancestry INitiative for OCD genomics (LATINO), Andrew D. Wiese, James J. Crowley, & Eric A. Storch. (2023, July 6). Beyond Symptom Severity: The Influence of OCD Stigma on Quality of Life. [Poster Presentation]. IOCDF Research Symposium, San Francisco, CA, United States.
- Olivia J. Morris, Jacey L. Anderberg, Renee M. Frederick, Carolina Cappi, Paola Giusti-Rodriguez, Matthew W. Halvorsen, Gabriel Lázaro-Muñoz, Karen G. Martinez-Gonzalez, Manuel Mattheisen, Pablo R. Moya, Humberto Nicolini, Marcos E. Ochoa-Panaifo, Michele T. Pato, Members of the Latin American Trans-ancestry INitiative for OCD Genomics (LATINO), Andrew D. Wiese, James J. Crowley, & Eric A. Storch. (2023, July 6). Access to Treatment in

- Latino Populations: Characterization and Predictors. [Poster Presentation]. IOCDF Research Symposium, San Francisco, CA, United States.
- Hannah N. Sansone, Gabrielle M. Armstrong, Jacey L. Anderberg, Carolina Cappi, Paola Giusti-Rodriguez, Matthew W. Halvorsen, Gabriel Lázaro-Muñoz, Karen G. Martinez-Gonzalez, Manuel Mattheisen, Pablo R. Moya, Humberto Nicolini, Marcos E. Ochoa-Panaifo, Michele T. Pato, Members of the Latin American Trans-ancestry INitiative for OCD genomics (LATINO), Andrew D. Wiese, James J. Crowley, Mariel Paz y Miño Maya, Stacey Pereira, & Eric A. Storch. (2023, July 6). Cross Section of perceived stigma and attitudes toward OCD genomics in Latin American individuals with OCD. [Poster Presentation]. IOCDF Research Symposium, San Francisco, CA, United States.
- Hall, M., Callahan, J., Darkwa, M.Y., Gonzalez Zapata, D., Guzman Jr., J.J., Icaza, N., Johnson, M., Reeves, E. & Ruggero, C.J. (2023). *Spanish-based Mobile-Health Apps for the Treatment of Depression: A Review of Evidence*. Presented at the American Psychological Association, Washington, D.C.
- Yanouri, L., Hall, M., Guarnaccia, C.A. & Ruggero, C.J. (2022). *Everyday racial/ethnic discrimination and hypertension*. Poster presented at annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Calabrese, W. R., Cicero, D. C., Ruggero, C. J., Gonzalez, A., Kotov, R., Jonas, K. G., (2022, September). *Translating HiTOP to the clinic: Preliminary evidence for the feasibility and utility of the HiTOP–digital assessment and tracker*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Philadelphia, PA
- Garg, R., Slavish, D., Taylor, D., Ruggero, C.J., Messman, B., Kelly, K., Dietch, J. (2023). *Early Diagnosis of Post-Traumatic Stress Disorder in Nurses based on Physical Behavior and Sleep Actigraphy using Machine Learning*. Poster to be presented at the annual meeting of the Associated Professional Sleep Societies
- Hall, M., Yanouri, L., Gonzalez Zapata, D. & Ruggero, C. J. (2022, November). *Differences in depression symptoms and aleep in students from mexico and the United States*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
- Yanouri, L., Hall, M., Ruggero, C. J., & Guarnaccia, C. J. (2022, November). *Everyday racial/ethnic discrimination and high blood pressure*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
- Jordan, S., Slavish, D., Kelly, K. S., Ruggero, C.J. (2022). *The role of social vigilance and hindrance-challenge stress in predicting nightmares among nurses*. Poster to be presented at the annual meeting of the Associated Professional Sleep Societies, Charlotte, NC.
- Messman, BA, Kim, KN, Almeida, I, Dietch, JR, Ruggero, CJ, Kelly, K, Taylor, DJ, Slavish, DC (2022, June). *Shiftwork moderates bidirectional associations between daily circadian misalignment and perceived stress in nurses*. Paper presented at the Associated Professional Sleep Societies, Charlotte, NC.
- Yuanyuan, Y., Oltmanns, J.R., Ruggero, C.J. & Kotov, R. (2022, May). *A Cross-Lagged Panel Study: Post-Traumatic Stress Symptoms and Social Functioning in World Trade Center Responders*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Khudari, C., Oltmanns, J.R., Ruggero, C.J. & Kotov, R. (2022, April). *Big Five Facets and Panic-Related Symptoms Across Three Years in World Trade Center Responders*. Poster presented at

- the annual conference of the North American Society for the Study of Personality Disorders (NASSPD), Virtual.
- Molloy, M., Potts, A., Kannard, E., Baldino, G., Corral, G., Sommer, M. & Ruggero, C. (2021). *Neuroticism and health outcomes in World Trade Center first responders* [Poster Presentation]. 2021 Southwestern Psychological Association (SWPA) Convention, San Antonio, TX, United States.
- Garcia, O., Slavish, D. C., Dietch, J. R., Messman, B. A., Contractor, A. A., Taylor, D., Ruggero, C.J., & Kelly, K.S. (2021). *Daily stress and nightmares are bidirectionally associated among nurses*. Associated Professional Sleep Societies.
- Martinez, J., Slavish, D., Messman, B., Kelly, K. S., Ruggero, C.J. (2021). *Who is most at risk for nightmares? Demographic and psychosocial differences in nightmare prevalence among nurses*. Associated Professional Sleep Societies.
- Farmer, H.R.; Slavish, D.C.; Ruiz, J.; Ruggero, C.; Dietch, J.R.; Messman, B.A.; Kelly, K.; Kohut, M.; Taylor, D.J. (2020). *Racial/Ethnic Variations in Inflammation: The Role of Sleep*. ABCT.
- Dietch, J., Slavish, D., Ruggero, C., Kelly, K. S., Messman, B., Wardle-Pinkston, S., Taylor, D. J. (2020). *Insomnia identity and psychosocial health in nurses*. Poster presented at annual meeting of Society for Behavioral Medicine, San Francisco, CA
- Scott, B., Crawford, M., Slavish, D., Messman, B., Wardle-Pinkston, S., Dietch, J., Kelly, K. S., Ruggero, C., Taylor, D. J. (2020). *Demographic differences in the degree discrepancy between sleep diary and actigraphy measures of sleep*. Poster presented at annual meeting of Associated Professional Sleep Societies, Philadelphia, PA.
- Dietch, J.R., Slavish, D.C., Messman, B.A., Wardle-Pinkston, S., Kelly, K., Ruggero, C.J., & Taylor, D.J. (2020, June). *Do associations between daily stress and sleep vary by work shift? A within-person analysis in nurses*. Poster to be presented at the 34th annual meeting of the Associated Professional Sleep Societies annual meeting, Philadelphia, PA.
- Santiago, B., Messman, B.A., Slavish, D.C., Alkire, C., Wardle-Pinkston, S., Dietch, J.R., Kelly, K., Ruggero, C.R., & Taylor, D.J. (2020, June). *Do nurses with high blood pressure have more sleep disturbances than their peers?* Poster presented at the meeting of the Associated Professional Sleep Societies, Philadelphia, PA.
- Shapiro, V., Messman, B., Slavish, D., Alkire, C., Wardle-Pinkston, S., Dietch, J., Kelly, K. S., Ruggero, C., Taylor, D. J. (2020). *Depression moderates the association between PTSD and nightmare severity in nurses*. Poster presented at annual meeting of Associated Professional Sleep Societies, Philadelphia, PA.
- Callahan, J. L., Smotherman, J. M., Dziurzynski, K. E., Love, P. K., Kilmer, E. D., Flores Niemann, Y., Ruggero, C. J., & Herrera, C. N. (2020, January). *Diversity in the professional psychology training-to-workforce pipeline: Results from doctoral psychology student population data*. Poster presentation at the Council of University Directors of Clinical Psychology Midwinter Meeting. Austin, TX.
- Lopez, A. R., Herrera, C. N., Callahan, J. L., & Ruggero, C. J. (2020, January). *Ethnicity as a moderator between PTSD and suicidality in a clinical sample*. Poster presentation at the Diversifying Clinical Psychology Poster Session of the Council of University Directors of Clinical Psychology. Austin, TX.
- Santiago, B., Messman, B., Slavish, D., Alkire, C., Wardle-Pinkston, S., Dietch, J., Kelly, K. S., Ruggero, C., Taylor, D. J. (2019). *Do nurses with high blood pressure have more disturbed sleep than their peers?* Poster presented at annual meeting of Associated Professional Sleep Societies, Philadelphia, PA.

- Jonas, K., Callahan, J., Ruggero, C., & Kotov, R. (2019, October). *Genetic correlates of cognition across the life course in schizophrenia*. Presentation at the World Congress of Psychiatric Genetics, Los Angeles, CA.
- Dornbach-Bender, A., Ruggero, C. J., Schuler, K. L., Callahan, J. L., Ramsey, A., & Kotov, R. (2019, June). *Daily affect in PTSD: Implications for intervention*. Poster presented at the 35th annual meeting of the Society for the Exploration of Psychotherapy Integration, Lisbon, Portugal.
- Dornbach-Bender, A., Schuler, K., Ruggero, C. J., & Kotov, R. (2019, August). *Daily fluctuations of negative affect: A better predictor of PTSD symptoms*. Poster presented at the 127th annual convention of the American Psychological Association, Chicago, IL.
- Bennett, C. B., **Ruggero, C. J.**, Potts, A. F., & Dornbach-Bender, A. (2019, September). *Affect instability in bipolar disorder: A meta-analysis of ecological momentary assessment studies*. Poster presented at the 33rd annual meeting of the Society for Research in Psychopathology, Buffalo, NY.
- Walker, J., Slavish, D., Messman, B., Taylor, D., Kelly, K., & **Ruggero, C.** (2019). *The prevalence and psychosocial correlates of supplement use in nurses*. Presentation at the annual meeting of the American Psychosomatic Society, Vancouver, BC.
- Alkire, C., Messman, B., Ruggero, C., Wardle-Pinkston, S., Taylor, D., & Kelly, K. (2019, June). *Depression, Insomnia, and PTSD as Predictors for Nightmares*. Poster Presented at the 33rd Annual Meeting of the Associated Professional Sleep Societies, San Antonio, TX.
- Schuler, K.L & Ruggero, C.J. (2019). *Psychometric analysis of the PTSD Checklist for DSM-5 (PCL-5) in World Trade Center responders: An application of IRT graded response model*. Poster presented at the annual meeting of the Association for Psychological Science (APS), Washington, DC.
- Crugnola, W., Ruggero, C.J., Kotov, R. & Waszczuk, M. (2019). *The association between pro-inflammatory marker IFN- γ , psychiatric symptoms, and sickness behaviors in 9/11 responders*. Poster presented at the annual meeting of the American Psychopathological Association (APPA), New York, NY.
- Dornbach-Bender, A., Ruggero, C.J., Schuler, K.L., Kotov, R.. (2019). *Daily Fluctuations of Negative Affect: A Better Predictor of PTSD Symptoms*. Poster to be presented at the annual meeting of the American Psychological Association, Washington, DC.
- Mazzone, G.M., Ruggero, C.J., Kotov, R. & Waszczuk, M. (2019). *The burden of 9/11-related conditions and everyday social functioning of World Trade Center responders*. Poster presented at the annual meeting of the American Psychopathological Association (APPA), New York, NY.
- Pinkston, S. W., Messman, B., Slavish, D. C., Ruggero, C. J., Kelly, K., & Taylor, D. J. (2019). *Associations between intra-individual variability in subjective sleep parameters and insomnia in nurses*. Poster presented at the 33rd Annual Meeting of the Associated Professional Sleep Societies, San Antonio, TX
- Walker, J.L., Slavish, D.C., Messman, B., Wardle, S., Dietch, J.R., Kelly, K., Ruggero, C.J., & Taylor, D. J. (2019). *Effects of Chronotype, Insomnia, and Depression on Markers of Systemic Inflammation in Nurses*. Poster presented at the 33rd Annual Meeting of the Associated Professional Sleep Societies, San Antonio, TX.
- Kumar, R. Slavish, D.C., Messman, B., Wardle, S., Dietch, J.R., Ruggero, C.J., Kelly, K., Taylor, D. (2019). *Associations between Pain, Depression, Stress, and Substance Use in Nurses With and Without Insomnia*. Poster presented at the 33rd Annual Meeting of the Associated Professional Sleep Societies, San Antonio, TX.

- Brown, A., Tompkins, B., Messman, B., Wardle, S., Slavish, D.C., Kelly, K., Ruggero, C.J., & Taylor, D.J. (2019). *Are Self-Reported Symptoms of Obstructive Sleep Apnea Associated with Increased Nightmare Frequency?* Poster presented at the 33rd Annual Meeting of the Associated Professional Sleep Societies, San Antonio, TX.
- Bennett, C. B., Ruggero, C.J., Dornbach-Bender, A., Blumenthal, H., Murrell, A. R., & Kotov, R. (2018, November). Independence of mania and depression across four years. Poster presented at the 52nd Annual ABCT Convention, Washington D.C.
- Dornbach-Bender, A., Ruggero, C.J., Neumann, C., Callahan, J., Schuler, K. (2018, September). Facets of Positive Affect and Risk for Bipolar Disorder: Role of the Behavioral Activation System. Poster presented at the 32nd Annual Meeting of the Society for Research in Psychopathology, Indianapolis, IN.
- Taylor, D. J., Tyler, H., Dietch, J.R., Slavish, D., Kim, B. S., Brown, A. K., Ruggero, C., Bryan, A. O., & Bryan, C. J. (2018, October). Prevalence and correlates of nightmares in the National Guard. Poster presented at the 3rd Annual Combat PTSD Conference, San Antonio, TX.
- Byeon, A., Slavish, D.C., Messman, B., Kelly, K., Ruggero, C.J., & Taylor, D.J. (2018). Depression, anxiety, and intraindividual variability in sleep in nurses. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Schuler, K. L., Ruggero, C. J., & Kotov, R. (November, 2017). Temporal Relations among PTSD symptoms: A person-specific Analysis of the Symptoms in Daily Life. Poster presentation at the 33rd annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- Schuler, K. L., Dietch, J. R., Ruggero, C. J., Taylor, D. J., & Kotov, R. (May, 2017). Relationships between Posttraumatic Stress Disorder (PTSD) Symptoms and Sleep in Daily Life. Poster presented at the 29th annual convention of the Association for Psychological Science, Boston, MA
- Schuler, K. L. & Ruggero, C. J. (May, 2017). Multicollinearity in Hierarchical Linear Modeling: A Monte Carlo Simulation Study. Poster presented at the 29th annual convention of the Association for Psychological Science, Boston, MA.
- Potts, A. F., Cloutier, R. M., Dornbach-Bender, A., Ruggero, C., Blumenthal, H. (2017, November). Gender differences in adolescent bipolar I disorder. Poster presented at the 51st annual convention of the Association of Behavioral and Cognitive Therapies, Bipolar Disorders Special Interest Group, San Diego, CA.
- Dornbach-Bender, A., Ruggero, C., Liu, K., Shteynberg, Y. (2016, November). *Positive Affect in the Daily Life of World Trade Center Responders with PTSD: No Evidence of Restriction.* Poster presented at the International Society for Traumatic Stress Studies Annual Meeting, Dallas, TX.
- Shteynberg, Y., Captari, L., Liu, K., Kotov, R., & Ruggero, C.J. (2016, November). *Personality Facets Unique to Post-traumatic Stress Disorder in World Trade Center (WTC) Responders: Evidence from Past Month and Ecological Momentary Assessment Measures.* Poster presented at the meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
- Ruggero, C.J. (2016). Assessment Matters: How Controlling for Depression Reveals Unique Associations between PTSD Dimensions, Risk Factors and Outcomes. Poster presented at the meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
- Dornbach-Bender, A., Kilmer, J., Shteynberg, Y., Liu, K., Callahan, J. L., Ruggero, C. J. (2016, August). *DSM-5 Personality Traits and their Association with Bipolar Symptoms.* Poster presented at the American Psychological Association Annual Convention, Denver, CO.

- Agtarap, S., Boals, A., Holtz, P., Roden-Foreman, K., Rainey, E., Ruggero, C.J., Warren, A.M. (2016). The Effect of Depressive Symptoms on Social Support One Year Following Traumatic Injury. Poster presented at the American Psychological Association Annual Convention, Denver, CO.
- Shteynberg, Y., Ruggero, C., Dornbach-Bender, A., Waszczuk, M., Liu, K., Callahan, J., & Kotov, R. (2016, May). *Personality Facets Unique to Post-traumatic Stress Disorder in World Trade Center (WTC) Responders*. Poster presented at the 28th Association for Psychological Science Annual Convention, Chicago, IL.
- Perlman, G., Ferayorni, F., Ruggero, C., Liu, K., Hajcak, G., Kotov, R. (2016) *Personality and biological predictors of resiliency to chronic stress among high-achieving adults*. Poster presented at Human Research Program Investigator's Workshop: Frontiers in Human Space Exploration Research, Houston, TX.
- Bain, K. M., Ruggero, C. J., Callahan, J. L., & Kotov, R. (2016, February). *Longitudinal assessment of verbal learning in patients with psychotic disorders*. Poster session presented at the 44th Annual Meeting of the International Neuropsychological Society, Boston, MA.
- Carlew, A., Ruggero, C. J., Callahan, J. L., Shteynberg, Y., Liu, K., Bain, K. M., & Kotov, R. (February, 2016). *Verbal Learning and Memory Impairments Among World Trade Center Responders: Differential Correlates Among PTSD Sub-dimensions*. Poster presented at the International Neuropsychological Society Annual Conference. Boston, MA.
- Politi, M., Waters, E.A., Cheng, M. Ruggero, C.J. (2016). *Examining the impact of cognitive and affective responses to ambiguity on willingness to accept hypothetical nicotine vaccine*. Poster session presented at the annual convention of the Society of Behavioral Medicine, Washington, DC.
- Goldstein, B., Liu, K., Ruggero, C.J., Perlman, G., Klein, D.N., & Kotov, R. (2015). *The cortisol awakening response in female offspring at risk for anxiety and depressive disorders*. Poster session presented at the annual convention of the Society for Research in Psychopathology, New Orleans, LA.
- Liu, K., Ruggero, C.J., Perlman, G., Klein, D.N., Goldstein, B., & Kotov, R. (2015). *Posttraumatic stress disorder symptoms during adolescence: A longitudinal study of the role of the hypothalamic-pituitary-adrenal (HPA) axis dysfunction*. Poster session presented at the annual convention of the Society for Psychophysiological Research, Seattle, WA
- Liu, K., Ruggero, C. J., Kotov, R., Callahan, J., Boals, A., Mahaffey, B., & Gonzalez, A. (2015). *When hindsight is not 20/20: Assessment of PTSD symptoms predominantly captures peak symptoms, not average ones*. Poster presentation at the annual convention of the Association for Psychological Science, New York, NY.
- Boals, A., Liu, K., & Ruggero, C.J. (2015). *Effects of narrative centrality on PTSD symptoms: Evidence from a prospective and longitudinal design*. Poster session presented at the annual convention of the Association for Psychological Science, New York, NY.
- Gerber, M., Maxwell, K., Janis, B., Lindsey, H., Callahan, J., Ruggero, C.J. (2015). *Children after war: A novel approach to promoting resilience through music*. Poster session presented at the annual meeting of the American Association of Behavioral and Social Sciences, Las Vegas, NV.
- Smith, P., Shteynberg, Y., Dornbach-Bender, A., Ruggero, C.J., Kotov, R., Bromet, E. (2015). *Medical Comorbidity Across 10 years in Bipolar Disorder*. Poster presented at annual UNT Psychology Department Research Day, Denton, TX.
- Ruggero, C.J., Shelton, A., Gerber, M. & Callahan, J. (2014). *An empirically based measure of depression, anxiety and bipolar disorder: Best practices for adaptation to other cultures*. Poster report at the 1st Latin American Congress for the Advancement of Psychological Science, Buenos Aires, Argentina.

- Maxwell, K., Callahan, J.L., Ruggero, C.J., Janis, B. (2014). *Breaking the cycle: Association of attending therapy following childhood abuse and subsequent perpetration of violence*. Poster session presented at the annual meeting of the American Psychological Association, Washington, DC.
- Smith, P., Ruggero, C., Bain, K., Kilmer, J., Gonzalez, D. (2013). *Difficulties in Regulating Emotions in Bipolar Disorder*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Nashville, TN.
- Bain, K., Ruggero, C., Ruiz, J., Callahan, J., Rodriguez, C., Garcia, J., Purser, M., Kepinski, I. (2013). *Positive Biases in Visual Attention Associated with Hypomanic Personality Traits*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Nashville, TN.
- Kilmer, J., Ruggero, C., Callahan, J., & Neumann, C. (2013). *Reinforcement Sensitivity Theory and Proposed Personality Traits for the DSM-5: Association with Mood Disorder Symptoms*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Nashville, TN.
- Grimaldo, G., & Ruggero, C. (2013). *Substance Use Disorders Among Patients With Anxiety: Prevalence and Effect on Psychotherapy*. Poster presentation given at the 121st American Psychological Association Annual Convention, Honolulu, HI.
- Warpe, E., Callahan, J., Ruggero, C.J., & Watkins, E. (2013). *Does the Use of Adjunct Supervisors in the Training Clinic Impact Client Outcomes?* Poster presentation given at the 121st American Psychological Association Annual Convention, Honolulu, HI.
- Nobis, A., Ruggero, C.J., & Bain, K. (2013). *Attachment Insecurity in Offspring of Those with Bipolar Disorder*. Poster session presented at the annual meeting of the American Psychological Association, Honolulu, HI.
- Grimaldo, G. & Ruggero, C.J. (2013). *Substance Use Disorders Among Patients with Anxiety: Prevalence and Effect on Psychotherapy*. Oral presentation at the 27th National Conference on Undergraduate Research (NCUR), LaCrosse, WI.
- Grimaldo, G. & Ruggero, C. (2013). *Anxiety and Substance Use Disorders*. Poster presentation given at the 28/50 Collaborative Perspectives on Addiction Conference, Atlanta, GA.
- Kilmer, J., Ruggero, C.J., Callahan, J., Rodriguez, C., Kotov, R., Bromet, E., & Luft, B. (2012). *Differential Impact of PTSD Symptoms on Psychosocial Functioning in World Trade Center Responders*. Poster session presented at the annual meeting of the American Psychological Association, Orlando, FL.
- Rodriguez, C., Ruggero, C.J., Callahan, J. Kilmer, J., Boals, A., Bank, J. (2012). *Risk for Bipolar Disorder and Awareness of Cognitive Abilities: Further Evidence of a Disconnect in Self-Appraisal*. Poster session presented at the annual meeting of the American Psychological Association, Orlando, FL.
- Gonzalez, D.A., Callahan, J.L., Abramson, C.I., & Ruggero, C.J. (2012). *Hope mediates role expectancies and positive psychotherapy outcomes*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Marczyk, K. D., Taylor, D. J., Petrie, T. A., Martin, S. B., Greenleaf, C. A., Ruiz, J. M., Ruggero, C. (2011). *Sleep duration and body mass index in a diverse group of adolescents*. Poster session presented at the American Psychosomatic Society Meeting, San Antonio, TX.
- Ruggero, C. J., Bain, Kathleen M., Kotov, R., Gonzalez, D., & Bromet, E.J. (2010). *Psychotic Depression Across 10 Years: A Caution Regarding Its Diagnostic Consistency*. Poster session

- presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Kotov, R., Leong, S., Ruggero, C. J. & Bromet, E.J., & (2010). *Kraepelinian Dichotomy between Schizophrenia and Mood Disorders: Implications for Molecular Genetics*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Politi, M., Waters, E.A., Cheng, M. & Ruggero, C.J. (2010). *A Cross-Sectional Study of Young Adults' Response to Melanoma Risk and Prevention Messages*. Poster session presented at the annual meeting of the Society for Medical Decision Making, Toronto, Canada.
- Ruggero, C.J., Dalrymple, K., Chelminski, I., Young, D., Hogan, L. & Zimmerman, M. (2009). *The Impact of Social Phobia on Functioning in Bipolar Disorder*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Ruggero, C. J., Carlson, G., Brommet, E.J., & Kotov, R. (2009). *The Diagnosis of Bipolar Disorder Across 10 Years*. Poster session presented at the annual meeting of the American Psychopathological Association, New York, NY.
- Ruggero, C.J., Dalrymple, K., Zimmerman, M., Chelminski, I., & Young, D. (2009). *The Paradox of Social Phobia and Bipolar Disorder: Implications for Presentation and Treatment*. Poster session presented at the annual meeting of the European Congress of Psychiatry, Lisbon, Portugal.
- Ruggero, C.J., Zimmerman, M., Chelminski, I., & Young, D. (2007). *Is the "Soft" Bipolar Spectrum Less Impairing?* Poster session presented at the annual meeting of the American Psychiatric Association, San Diego, CA.
- Ruggero, C.J., Zimmerman, M., Chelminski, I., & Young, D. (2006). *Psychosocial Functioning in Patients with Bipolar I and Bipolar II Depression*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Asnaani, A., Zimmerman, M., Chelminski, I., Young, D. & Ruggero, C.J. (2006). *Clinical Differences between Patients with Borderline Personality Disorder with and without a History of Childhood Sexual Abuse*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Zimmerman, M., Ruggero, C.J., Chelminski, I., & Young, D. (2006). *Adjunctive medication in depression*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Ruggero, C. J. & Johnson, S. L. (2005). *Subsyndromal Symptoms and Memory in Bipolar I Disorder*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Ruggero, C. J., Smith, B., Harrington, B., Delatour, M., Li-Rosi, A. M., & Johnson, S. L. (2005). *The Effects of Positive Moods on Memory Among People with Bipolar I Disorder in Remission*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Ruggero, C. J. & Johnson, S. L. (2005). *Information-Processing Biases Associated with a History of Mania*. Poster session presented to Levin Award committee of the internet-based meeting of the Society for Research in Psychopathology, Miami, FL.
- Ruggero, C. J. & Johnson, S. L. (2003). *Negative affect dysregulation in people with bipolar I disorder in remission*. Poster session presented at the annual meeting of the Society for Research in Psychopathology, Toronto, Canada.
- Ruggero, C. J., Perez, M., Davila, D., & Johnson, S. L. (2003). *Attributions for stressors in*

bipolar I disorder. Poster session presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Johnson, S. L., Ruggero, C. J., & Winters, R. (2002). *Cognitive and behavioral aspects of risk for mania: Laboratory studies of the behavioral activation system*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

Ruggero, C. J., Johnson, S. L., Winters, R., Rigol, R. M., & Vazquez, R. R. (2001). *Reward and behavioral change in bipolar I disorder: The role of the behavioral activation system*. Poster session presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

TEACHING EXPERIENCE

PSY 2317 Statistics For Psychology

Department of Psychology, University of Texas at Dallas
Course Instructor: Spring 2025

PSY 2317 Statistics For Psychology

Department of Psychology, University of Texas at Dallas
Course Instructor: Fall and Spring 2024

PSYC 4610 Abnormal Psychology

Department of Psychology, University of North Texas
Course Instructor: 2023

PSYC 6830 Clinical Practicum (graduate level)

Department of Psychology, University of North Texas
Course Instructor: 2012, 2014, 2021

PSYC4900 Special Problems

Department of Psychology, University of North Texas
Course Instructor: 2021, 2020

PSYC 6810 Multivariate Statistics (graduate level)

Department of Psychology, University of North Texas
Course Instructor: 2011, 2013, 2016

PSYC 5700 Quantitative Methods I in Psychology (graduate level)

Department of Psychology, University of North Texas
Course Instructor: annually 2009-2016, 2018

PSYC 5710 Quantitative Methods II in Psychology (graduate level)

Department of Psychology, University of North Texas
Course Instructor: annually 2010-2016

PSYC 1630 General Psychology I

Department of Psychology, University of North Texas
Course Instructor: 2013

Abnormal Psychology

International Summer Campus, Korea University
Course Instructor: 2009, 2010

Introduction to Psychology

International Summer Campus, Korea University

Course Instructor: 2009, 2010

MIDAS internship project

Brown University

Lab Supervisor: 2007-2009

Quantitative Methods in Psychology

Department of Psychology, University of Rhode Island

Course Instructor: 2007

Introduction to Psychology

Department of Psychology, University of Miami

Course Instructor: 2004

Psychobiology

Department of Psychology, University of Miami

Course Instructor: 2002

Honors Introduction to Biobehavioral Statistics

Department of Psychology, University of Miami

Course Co-Instructor: 2003

Advanced Psychological Statistics Courses (graduate level)

Department of Psychology, University of Miami

Lab Instructor: 2003, 2004

Teaching Assistant, 2000 to 2004

Department of Psychology, University of Miami

Courses: Advanced Psychological Statistics (graduate-level, 2 semesters),

Multiple Regression Statistics (graduate-level, 2 semesters), Introduction to

Psychology, Industrial/Organizational Psychology (2 semesters), Introduction to

Biobehavioral Statistics (7 semesters), Tests and Measurement, Motivation

CONSULTING AND CLINICAL EXPERIENCE

Consultant to Neurocognitive Specialty Group (NSG) – 2024-present

Licensed Clinical Psychologist - State of Rhode Island (Active; License No: PS01075)

Therapy Practicum Supervisor - University of North Texas Psychology Clinic

Psychology Fellowship, Brown Medical School, 2006 – 2009.

Psychology Internship, Brown Medical School, 2005-2006.

Psychological Services Center, University of Miami, 2003-2005

The Goals Program for Mania Prevention, University of Miami, 2004-2005

University of Miami Counseling Center, 2002-2003

HONORS AND AWARDS

UNT Foundation Community Engagement Award (2022)

Adjunct Professor, Korea University (2009-2011)

Career Development Institute (CDI) for Bipolar Disorder – National Institute of Health

University of Pittsburgh Medical Center, 2007

1st place poster at the Brown Medical School Research Day, Brown Medical School, 2006

Kirk R. Danhour Memorial Award for Outstanding Research, University of Miami, 2005

Arts & Sciences Scholarship, University of Miami, 2000 to 2006

Outstanding Teaching Assistant of the Year Award, University of Miami, 2003
 Plan II Honors Program, Emerging Scholars Program, Texas Academic Honors Award,
 Robert C. Byrd Academic Honors Award, 1992-1997

PROFESSIONAL SERVICE

BBS Clinical Psychological Science Planning Committee, Member, 2024-present
 BBS Teaching Effectiveness Committee, Member, 2024-present
 Executive board and founding member, Hierarchical Taxonomy of Psychopathology (HiTOP) Consortium, 2015 - present
 Chair, HiTOP Adaptations Committee, HiTOP Consortium, 2022 - present
 Chair, Clinical Translation Workgroup, HiTOP Consortium, 2015 - 2024
 Chair, Mania in HiTOP Workgroup, HiTOP Consortium, 2021 – present
 Member, Revisions Workgroup, HiTOP Consortium, 2018 - present
 Faculty Senator, University of North Texas faculty senate, 2018 - 2021
 National Institute of Health (NIH) Early Career Reviewer program,
 Center for Scientific Review (CSR) (2013-2015)
 External promotion and tenure letter writer: University of Washington Tacoma, University of Virginia, University of Wyoming, Stony Brook University
 American Psychopathological Association (APPA) – Member
 Society for Research in Psychopathology (SRP) – Member
 American Psychological Association (APA) – Member
 Editorial Board memberships (past and current): *Psychological Bulletin*, *Journal of Psychotherapy Integration*, *Journal of Loss and Trauma*
 Ad Hoc reviewer for (among many others, past and current): *Journal of Clinical Psychology*; *Psychological Assessment*; *JAMA Psychiatry*; *Cognition and Emotion*; *Journal of Behavior Therapy and Experimental Psychiatry*; *The Journal of Nervous and Mental Disease*; *Journal of Affective Disorders*; *Emotion*; *Comprehensive Psychiatry*; *Psychiatry Research*; *General Hospital Psychiatry*; *Journal of Psychiatric Research*; *Cognitive Therapy and Research*; *Development and Psychopathology*; *Bipolar Disorders*; *Journal of Psychopathology and Behavioral Assessment*; *Clinical Psychology Review*; *European Psychiatry*; *Behavior Therapy*