



---

## **Behavioral Medicine & Integrated Primary Care Psychology Practicum Training Opportunity**

### **DESCRIPTION:**

The Department of Family Medicine at JPS Health Network – Fort Worth, TX offers psychology practicum students experience in behavioral medicine and integrated primary care psychology. The Department of Family Medicine provides primary care services to a diverse patient population including underserved and international/refugee patients and their families throughout the lifespan. The primary goal of the practicum is to provide exposure to delivery of primary care psychology services in the context of integrated behavioral health. Specific goals include competence in brief diagnostic assessment/clarification, brief cognitive and behavioral interventions, consultation to medical teams, population health based initiatives, health and behavior change interventions, and education of medical learners in behavioral/mental health topics.

### **PRACTICUM OBJECTIVES:**

1. Provision of brief (6-8 session) CBT services appropriate for the primary care setting
2. Provision of health and behavior change focused interventions (e.g., weight loss, smoking cessation, physical activity, medication adherence, CBT-I)
3. Provision of therapeutic services aimed at adjustment to medical diagnosis, management of chronic illness, and adjustment to disability/grief
4. Consultation to the primary care medical team regarding psychological concerns
5. Communication with the primary care medical team regarding diagnostic impressions, therapeutic progress, and referral needs
6. Appropriate triaging and referral processes for patients needing higher levels of care
7. Systemic, legal, ethical, and health policy concerns as they relate to the provision of services in the primary care environment

### **CLINIC LOCATIONS AND HOURS:**

#### **JPS Family Health Center/International Health Center**

1500 S Main St, Ft Worth, TX 76104

Hours: 8AM-12PM, 1PM-5PM

#### **JPS Oncology and Infusion Center**

1450 8<sup>th</sup> Ave, Ft Worth, TX 76104

Hours: 8AM-12PM, 1PM-5PM

#### **JPS Stop Six Clinic**

3301 Stalcup Rd, Forth Worth, TX 76119

Hours: 8AM-12PM, 1PM-5PM

#### **JPS Viola Pitts/Como Community Clinic**

4701 Bryant Irvin Rd, Ft Worth, TX

Hours: 8AM-12PM, 1PM-5PM

### **STUDENT DUTIES & RESPONSIBILITIES:**

Students commit to a practicum placement for one academic year. Students will maintain 1 full day (8 hours) per week of clinic at one of our family medicine residency training sites (additional

experience available if desired). These are primarily teaching clinics and are accustomed to working alongside psychology practicum students. In addition to psychology clinical faculty, practicum students benefit from the chance to learn and engage in teaching of family medicine residents and faculty members. Students will see patients who are referred to them from either family medicine residents or faculty. Most patient visits occur in 30 minute encounters, however opportunities exist for students to conduct warm-handoffs where patients are seen during a medical visit when a psychological need arises. Patients may be seen for a wide variety of presenting problems, including anxiety, depression, insomnia, chronic pain, health and behavior change concerns (weight loss, smoking cessation, etc.), sexual concerns, medication adherence issues, and many others.

Prior to start of practicum, students must complete a pre-employment health visit and orientation with JPS Academic Affairs. Prior to start of practicum, students must also provide records of flu shot, criminal background check, and drug screen.

## **DOCUMENTATION**

Students will document in the electronic health record (EPIC), alongside the rest of the care team. Of significance, notes on this service are brief and are not “locked.” Thus, note writing in a medical context is its own skill. All notes will be sent to the attending psychologist for co-signature.

## **SUPERVISION:**

Clinical training in this context requires a high degree of flexibility and adjustment to quick pace. Supervision is conducted via *precepting model* – where learners present cases to their attending psychologist during the patient encounter to “check out” their case, present relevant information, case conceptualization and engage in treatment planning prior to wrapping up the visit with the patient. Feedback is on the spot and adjustments to treatment plans can easily be made. Attending psychologists are onsite and accessible during all practicum activities.

Practicum students also attend 1 hour of scheduled group supervision (to be scheduled at start of academic term), generally conducted via zoom to review/prepare clinical cases, discuss ethically/legally complex cases, receive teaching on select clinical topics, discuss professional development and receive teaching from invited speakers.

## **PRACTICUM SUPERVISORS:**

Katherine Bergs, Ph.D., LMFT  
Director of Behavioral Medicine  
[kbergs@jpshealth.org](mailto:kbergs@jpshealth.org)

Adam Guck, Ph.D., ABPP  
Assistant Director of Behavioral Medicine  
[aguck01@jpshealth.org](mailto:aguck01@jpshealth.org)

Nelly Yuen, Ph.D.  
Psychologist  
[nyuen@jpshealth.org](mailto:nyuen@jpshealth.org)